Increase of SARS-CoV-2 RNA load in faecal samples prompts for rethinking of SARS-CoV-2 biology and COVID-19 epidemiology [version 2; peer review: 1 approved, 1 approved with reservations]

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Abstract

Background
Scientific evidence for the involvement of human microbiota in the development of COVID-19 disease has been reported recently. SARS-CoV-2 RNA presence in human faecal samples and SARS-CoV-2 activity in faeces from COVID-19 patients have been observed.

Methods
Starting from these observations, an experimental design was developed to cultivate in vitro faecal microbiota from infected individuals, to monitor the presence of SARS-CoV-2, and to collect data on the relationship between faecal bacteria and the virus.

Results
Our results indicate that SARS-CoV-2 replicates in vitro in bacterial growth medium, that the viral replication follows bacterial growth and it is influenced by the administration of specific antibiotics. SARS-CoV-2-related peptides have been detected in 30-day bacterial cultures and characterised.

Discussion
Our observations are compatible with a ‘bacteriophage-like’ behaviour of SARS-CoV-2, which, to our knowledge has not been observed or described before. These results are unexpected and hint towards a novel hypothesis on the biology of SARS-CoV-2 and on the COVID-19 epidemiology. The discovery of possible new modes of action of SARS-CoV-2 could have important implications for the development of new therapeutic strategies.
CoV-2 has far-reaching implications for the prevention and the treatment of the disease.

**Keywords**
SARS-CoV-2, COVID-19, gut microbiota

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Introduction

Recent scientific articles and reviews1–3 discuss the relationship between gastrointestinal microbiota and COVID-19 disease. In particular, the prolonged presence of SARS-CoV-2 RNA in human faecal samples from COVID-19 patients has been reported4 and the potential role of orofecal transmission of SARS-CoV-2 has been examined in systematic reviews5,6 and open evidence briefs.7,8 Cases of SARS-CoV-2 detection in faecal samples from patient with typical symptoms of COVID-19 but negative to multiple SARS-CoV-2 real-time reverse transcription polymerase chain reaction (rRT-PCR) tests on oropharyngeal and nasopharyngeal swabs have been reported.9 SARS-CoV-2 faecal viral activity was depicted in association with gut microbiota composition in patients with COVID-19,10 and the replicating virus was detected in faeces.11 At the same time, Wölfel et al.12 observed high viral RNA concentration in stool samples, but reported isolation of infectious virus only from throat- and lung-derived samples, while Yao et al.13 had indication of viable SARS-CoV-2 particles in stool samples, denoting that the detailed biology of SARS-CoV-2 is not yet fully elucidated. Moreover, the interaction between SARS-CoV-2 and individual variable microbiota composition could drive the differential pathophysiological effects and severity of symptoms (Yeoh YH et al. 2021, Zuo T et al. 2021, Zuo T et al. 2020).

Our experiments further explored the relationship between COVID-19 disease and SARS-CoV-2 infected faeces to provide data relevant for pandemic understanding and disease management. The results however did not correspond with current thinking of the epidemiology of SARS-CoV-2 and, therefore, we believe a quick sharing with the scientific community of our findings is imperative.

Methods

The experimental design included:

1) the inoculation of NutriSelect™ Plus nutrient broth at 37°C, fit for the growth of more fastidious bacteria, with a faecal sample (stool) from one subject positive to SARS-CoV-2 and from a healthy individual (here called sample A and sample B, respectively) following written informed consent.

2) The assessment of the presence of SARS-CoV-2 RNA in both samples, after seven days of culture, using the Luminex technology; with confirmation of the presence of SARS-CoV-2 RNA in sample A, and of its absence in sample B.

3) Inoculation of sample B with the supernatant of sample A, obtained after centrifugation (hereafter called sample B(A+)) and resuspension of the formed pellet (sample C).

4) Incubation of all samples (A, B, B(A+) and C) for 30 days under the same conditions in NutriSelect™ Plus nutrient broth at 37°C with measurement of the viral RNA load in each sample at days 1, 2, 3, 7, 14, 21, and 30, following the date of inoculation (day 0).

5) Antibiotic treatment on 18 aliquots derived from sample B(A+), at day 21, consisting in the addition of a specific antibiotic (each of the following: metronidazole, clindamycin, lincomycin, piperacillin+tazobactam, vancomycin, amoxicillin, ampicillin, cefixime, ceftriaxone, meropenem, rifaximin, azithromycin, erythromycin, gentamicin, ciprofloxacin, colistin, levofloxacin, and teicoplanin) to each aliquot. SARS-CoV-2 RNA load was measured by Luminex technology in each aliquot before and 3 days after antibiotic administration.

6) In parallel, additional analyses were performed to evaluate and monitor over time the bacterial growth and metabolic activity of all samples and all aliquots of sample B(A+) using SANIST Biotyper according to the method described by Cristoni et al.14

REVISED Amendments from Version 1

This version contains text additions following the suggestions and comments from Dr. Ebrahimi and Dr. Margarita Aguilera in their referee reports. These additions include:

- A new version of Figure 3.
- A paragraph in the conclusions discussing the relevance of identifying taxa, species or consortia that can be prone to act as interactors/receptors of virus, including those present in the upper respiratory tract.

Any further responses from the reviewers can be found at the end of the article.
7) Purification and analysis of the peptides present in sample B(A+) at day 30.

The details of the procedures and protocols used are presented in the extended data, together with a schematic representation of the experimental design (Graphical abstract).

Results

The experimental design included a series of analyses (performed on all samples A, B, B(A+), and C) aimed at verifying: 1) the permanence/survival over time and the eventual multiplication of SARS-CoV-2 RNA in vitro; 2) the presence/synthesis of SARS-CoV-2 peptides in the cultures having confirmed SARS-CoV-2 RNA presence; 3) the effect of antibiotics administration in sample B(A+); 4) the concomitant presence of other metabolites; and 5) the characterisation of the bacterial samples, including the verification of the presence of eukaryotic cells.

Presence of SARS-CoV-2 RNA

The results presented and discussed here, carried out over a period of 30 days, confirmed the extra-corporal multiplication of SARS-CoV-2 RNA: viral load highly increased over time in sample B(A+), slightly increased in sample A, decreased in sample C while, as expected, sample B was found constantly negative (Figure 1).

In order to verify the reproducibility of our results, the whole experiment was repeated independently three times using the same infected and healthy samples (with the exception that the repetition experiments were stopped at day 14 instead of day 30). The results of the SARS-CoV-2 RNA load measurements in the repetitions are reported in Figure 2, where results are depicted as the average of the measurements of the three repetitions, together with the calculated standard deviations. The trend was confirmed, with the increase over time of measured viral RNA load in sample A and sample B(A+). Decrease in sample C and no detection in sample B were also confirmed, but they are not reported in Figure 2.

In addition, three new couples of faecal samples from different “infected donors” (i.e. sources of A) and “healthy recipients” (i.e. sources of B) have been recruited, and subject to the same experimental procedure. Samples were collected from anonymous donors, and no information (i.e. age, sex, blood serotype, severity of the disease, time of the collection, etc.) is available.
Figure 2. Average SARS-CoV-2 RNA load variation in repetitions. The graph reports average results of three repetitions of the experiment conducted using the same starting material as described in Figure 1 (with the exception that the repetitions were stopped at day 14 instead of day 30). To normalise the measurements, all values at day 0 were used as denominator (at day 0 all values = 1), i.e. for each sample, at day X, the ratio between LuminexCountAtDayX/LuminexCountAtDay0 was calculated. Each bar represents the average of the SARS-CoV-2 RNA load ratio of samples A (blue bars) and B_{A+} (red bars), together with the calculated standard deviations.

Figure 3. SARS-CoV-2 RNA load increase in different donor and recipient samples. Results of experiments combining samples from three “infected donor” sources (A1, A2 and A3) and from three “healthy recipient” sources (B1, B2 and B3). A) The graphs report results of nine combinations. To normalise the measurements, all values at day 0 were used as denominator (at day 0 all values = 1), i.e. for each sample, at day X, the ratio between LuminexCountAtDayX/LuminexCountAtDay0 was calculated. Each bar represents the SARS-CoV-2 RNA load ratio. Although with certain differences, the observed trends are similar, confirming the increase over time of SARS-CoV-2 RNA load in samples of type A and samples of type B_{A+}, independently from the sources of A and B.

B) Each line represents the average of the SARS-CoV-2 RNA load ratio of samples B1 (green line), B2 (yellow line), and B3 (azure line) infected each one with three different A donor sources. To normalise the measurements, all values at day 0 were normalised as described in panel A).
Figure 3. (continued)

**Figure 4. Effect of antibiotics on viral load.** SARS-CoV-2 RNA load measurements (reported as AU, see Supplementary Material) of eighteen aliquots pre- (red) and post- (three days, dashed) treatment with the following selection of antibiotics (ABX): Metronidazole (class: Azoles); Clindamycin, Lincomycin, Piperacillin+Tazobactam, Vancomycin (class: Carboxylic acids and derivatives); Amoxicillin, Ampicillin, Cefixime, Ceftriaxone, Meropenem (class: Lactams); Rifaximin (class: Macrolactams); Azithromycin, Erythromycin, Gentamicin (class: Organooxygen compounds); Ciprofloxacin, Colistin, Levofloxacin (class: Quinolines and derivatives); Teicoplanin (semisynthetic glycopeptide antibiotic). SARS-CoV-2 RNA load is reported as preABX-postABX variation in percentage.
Table 1. Examples of 12 peptides (named as in the first column) mapping on different SARS-CoV-2 proteins (column “Match”) are here reported. Amino acids highlighted in red represent changes with respect to the translations of CDS regions reported in the reference severe acute respiratory syndrome coronavirus 2 isolate Wuhan-Hu-1, complete genome sequence (GenBank LOCUS: NC_045512.2). Pep51, pep121, and pep230 were found with a different mass spectrometry approach using the Q Exactive HF Hybrid Quadrupole-Orbitrap with an ultra-high-field analyser (Brogna, personal communication).

<table>
<thead>
<tr>
<th>Peptide ID</th>
<th>Length (AA)</th>
<th>Fragment</th>
<th>Match</th>
<th>From</th>
<th>To</th>
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<td>pep51</td>
<td>27</td>
<td>ESDDYIKLNGPLTVGGSCILLSGHNLAK</td>
<td>NSP3</td>
<td>268</td>
<td>294</td>
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<td>82</td>
<td>ILSVCLGSLIYSTAALGVLM5NLGLMPSYCTGYREGYNSTNTVTIATYCTGSIPCSVCGLSCLSLGDSLDTYPESLETIQITTSSFK</td>
<td>NSP3</td>
<td>1416</td>
<td>1497</td>
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<td>pep20</td>
<td>77</td>
<td>CLGSLIYSTAALGVLM5NLGLMPSYCTGYREGYNSTNTVTIATYCTGSIPCSVCGLSCLSLGDSLDTYPESLETIQITTSSFK</td>
<td>NSP3</td>
<td>1421</td>
<td>1497</td>
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<tr>
<td>pep230</td>
<td>62</td>
<td>WVLNNDYVRSLPGFVQDVADKLLNTNFTPLQPGGALDISASIVAGGIVAVVTCLAYVFM</td>
<td>NSP4</td>
<td>241</td>
<td>302</td>
</tr>
<tr>
<td>pep199</td>
<td>62</td>
<td>TDAVVDQTLIEIDTPSFENGVSINTQSVAVLYQGVNCTEVPAIHADQLTPWT</td>
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<td>573</td>
<td>634</td>
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<tr>
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<td>pep25</td>
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<td>NS3</td>
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<td>NSP14</td>
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<td>129</td>
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Table 2. Amino acid changes reported in Table 1 have been checked for their existence among the observed variations in SARS-CoV-2 sequenced isolates available GISAID at time of writing. All of them, except one, have been already reported in humans, and only two in Italy. For each amino acid change, the number of occurrences in GISAID isolates is reported, together with details of the first human isolate recorded in GISAID with reported collection date. AA change NSP3:A274K of pep51 has never been reported in human SARS-CoV-2 sequences, but it has been found in beta-CoV genome sequences from bats (isolate hCoV-19/bat/Yunnan/RmyNO1/2019, collection date 25-06-2019).

<table>
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<th>Peptide ID</th>
<th>AA change</th>
<th>Observed in human?</th>
<th>#Occurrence in human</th>
<th>Observed in Italy?</th>
<th>Observed in other than human?</th>
<th>First human isolate recorded in GISAID with reported collection date</th>
<th>Collection date</th>
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<tr>
<td>pep51</td>
<td>NSP3:A274K</td>
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<td>0</td>
<td>No</td>
<td>Yes</td>
<td>-</td>
<td></td>
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<td>NSP3:K280T</td>
<td>Yes</td>
<td>2</td>
<td>No</td>
<td>No</td>
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<td>NSP3:V286L</td>
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<tr>
<td>pep121</td>
<td>NSP3:L1417I</td>
<td>Yes</td>
<td>4</td>
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<td>pep199</td>
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<td>728,982</td>
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<td>2</td>
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<td>pep190</td>
<td>S:S698L</td>
<td>Yes</td>
<td>398</td>
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<td>pep25</td>
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<td>106</td>
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<td>N:T2051</td>
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<td>25,665</td>
<td>Yes</td>
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<td>pep68</td>
<td>N:A208G</td>
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<td>514</td>
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<td>No</td>
<td>hCoV-19/USA/MD-HP00076/2020</td>
<td>11/03/2020</td>
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</table>
fatality, etc.) is available. All combinations of “infected donors” sources (A1, A2 and A3) and “healthy recipients” donors (B1, B2 and B3) were subject to the same experimental procedure. Although with certain differences, the observed trends are similar (Figure 3A), confirming the increase over time of SARS-CoV-2 RNA load in samples of type A and in samples of type B(A+). Lastly, for each “recipient”, we measured SARS-CoV-2 RNA load (Figure 3B).

**Effect of antibiotics administration**

Aliquots of sample B(A+) tested after three days of culture in the presence of the single different antibiotics belonging to different classes were analysed and the SARS-CoV-2 RNA load measured in each of them. SARS-CoV-2 RNA load was found to be influenced by the presence of antibiotics in different ways (Figure 4):

- SARS-CoV-2 RNA load was reduced to undetectable levels in the four aliquots treated with metronidazole, vancomycin, amoxicillin and azithromycin, respectively.
- SARS-CoV-2 RNA load decreased by 20% to 85% in the aliquots treated with piperacillin+tazobactam, ampicillin, cefixime, ceftriaxone, meropenem, gentamicin, ciprofloxacin and teicoplanin. For example, cefixime induced a decrease of viral RNA load of 85%, ciprofloxacin of 61% and teicoplanin of 56%.
- SARS-CoV-2 RNA load was not substantially affected by the presence of clindamycin, lincomycin, rifaximin, erythromycin, colistin and levofloxacin.

**Presence of SARS-CoV-2 peptides**

After 30 days of bacterial growth in culture, aliquots of samples B(A+) (from couple 0) were collected and tested for the presence of SARS-CoV-2-related peptides using mass spectrometry (details are described in extended data). Several peptides found in the aliquot from sample B(A+) were assigned to SARS-CoV-2 proteins. As shown in Table 1, the sequence of some of the peptides (pep51 and pep121, matching on NSP3; pep199, matching on the spike protein; pep25 and pep68, matching on NS3 and N, respectively) have one or more amino acid (AA) changes (highlighted in red) with respect to the translations of CDS regions reported in the reference ‘Severe acute respiratory syndrome coronavirus 2 isolate Wuhan-Hu-1, complete genome sequence’ (GenBank LOCUS: NC_045512.2). No SARS-CoV-2-related peptide was identified in the aliquot of sample B.

The identified AA changes have been checked for their existence among the observed variations in SARS-CoV-2 sequenced isolates available in GISAID at time of writing. As shown in Table 2, all of them except NSP3:A274K in pep51 have been already reported in humans; the majority of them have been never reported in the country of origin of the samples (Italy), the remaining ones have been observed in samples sequenced in Italy, but after the time of collection of the infected sample A (February 2020). Some of the found peptides mapping on the SARS-CoV-2 spike protein are shown in Figure 5.

**Presence of other metabolites**

We have already described the detection of toxin-like peptides in plasma, urine and faecal samples from COVID-19 affected individuals (Cristoni et al., under review). The evaluation on the potential release of toxic-like peptides in aliquots from sample B(A+) has been assessed by performing the same analyses. Toxin-like peptides have been observed, but their presence...
Figure 6. Bacteria genera. The presence of bacteria genera was monitored over time by looking at their metabolic activity as described by Cristoni et al. Measures on Y-axis are reported as “detection frequency” (range 0-10). The two charts report the most metabolically active genera identified together with the "generic bacterial gut microbiota" (representing other bacterial genera not classified by the instrument) at day 0, 1, 7, 14, 21, and 30 for samples A and B. Other microbial organisms were observed at low levels (2 or less, at day 7) and not reported in the figure: Mycobacterium, Actinobacteria, Bacteroidetes, Blautia, Brevibacterium, Brevundimonas, Candida (C. albicans), Collinsella, Enterococcus, Eubacterium, Klebsiella, Lactonifactor, Microbacterium, Porphyromonas, Propionibacterium, Sphingomonas, Stenotrophomonas, Streptococcus gordonii, Xanthomonas.
In particular, Ebrahimi identified the existence of a gut-lung equilibrium mediated by multiple mechanisms of action, including the abundance of certain microorganisms in the gut microbiota as responsible for determining the sensitivity and severity of SARS-CoV-2 infections. Recent reports suggest an interaction of URT microbiota with SARS-CoV-2 (Ebrahimi, 2020, Budding et al., 2016). Moreover, recent reports suggest an interaction of URT microbiota with SARS-CoV-2 (Ebrahimi, 2020, Budding et al., 2016). In addition, independent replications were performed in a 3 × 3 design using different starting material (Figure 3). In all of them, very similar trends were observed and the increase of SARS-CoV-2 RNA load in sample A and sample B(A+) was confirmed in all experiments.

In the cases of replications with different starting material (i.e. faecal samples from different “infected donors” as sources of A, and “healthy recipients” as sources of B), the trends are similar and confirm that the experiment is reproducible. In terms of relevance, we noticed that SARS-CoV-2 RNA load was particularly high in one combination (A2 × B2). It is thus plausible that viral RNA load depends on the gut eubiotic/dysbiotic condition met by the virus. This is also a plausible explanation of why in the initial couple of A-B sources (Figure 1) the difference between viral RNA load measurements in A and B(A+) is notable. SARS-CoV-2 is considered a respiratory virus, and many bacteria reside in the upper respiratory tract (URT) interacting with different viruses like influenza (see Schenk et al., 2016 for an overview). With this respect, our observations are in line with the hypothesis formulated by Shah, who has recently proposed the existence of a gut-lung equilibrium mediated by multiple mechanisms of action, including the abundance of certain microorganisms in the gut microbiota as responsible for determining the sensitivity and severity of SARS-CoV-2 infections.

Moreover, recent reports suggest an interaction of URT microbiota with SARS-CoV-2 (Ebrahimi, 2020, Budding et al., 2016). In particular, Ebrahim identified in silico a series of serine protease TMPRSS2 and peptidyl peptidases with high similarity to the ACE2 peptidase domain (ACE2-PD) in members of Proteobacteria phylum. It can’t be excluded that these or other similar proteins act as the cellular receptors for SARS-CoV-2 in bacteria. Looking for taxa, species or consortia that can be prone to act as receptor of virus is imperative, and, with this respect, a whole-genome metagenomic sequencing on the samples is ongoing, aimed at characterising further which bacterial species are candidate target(s) of the observed behaviour of SARS-CoV-2.

Whereas our experimental design was intended to grow bacterial cells, the possibility that SARS-CoV-2 RNA increase could be due to replication in human cells present in the original faecal samples, was considered. The human cells most abundantly present in faecal samples are colonic epithelial cells (colonocytes). Loktionov,16 reported that cell exfoliation events from colonic epithelium are rare under normal conditions, while they dramatically increase in cases of uncontrolled growth of cells not under physiologic control (like in neoplasia), when cell removal by apoptosis does not function properly. In addition, Iyengar et al.17 reported that colonic epithelial cells terminally differentiated are devoid of proliferative activity. More recently, Nair et al.18 and Chandel et al.19 developed specific methodologies to recover viable colonocytes from stool. In our case, both sample A and B originated from adult individuals with no diagnosis of cancer. In addition, it is unlikely that human cells potentially present in samples A and B are able to:

- grow in a culture medium typically formulated for bacteria and not containing growth factors, serum, nor other important components for eukaryotic cell sustainment;
survive in such a medium for 30 days, and in co-occurrence with an event of SARS-CoV-2 infection;

- multiply in the absence of specific CO$_2$ concentration conditions.

Also, the possibility of interaction between SARS-CoV-2 and other eukaryotic organisms potentially present in the cultures, as e.g. parasitic nematodes and fungal cells, has been considered.

During the whole experiment, parasitic nematodes were not noted at visual inspections by eye. In addition, stool of sample B was independently analysed and certified to be free of known parasites and microbial pathogens (certification provided by the Italian diagnostic laboratory Biomolecular Diagnostic Srl). Parasitic nematodes are usually not able to survive outside the host and many intestinal roundworms (like those of genus *Ascaris*) release antimicrobial factors that interfere with bacterial growth, in contrast with the found high increase of metabolic activities of some bacterial genera. In the used medium, chemical elements relevant for (parasitic and not) nematodes (e.g. cholesterol and traces of metals) are missing.

The possibility of involvement of the mycobiome fraction present in the stool was considered. As highlighted by Chin *et al.*, multifaceted and multidisciplinary approaches are necessary to identify uncultivable, low-abundance, permanent and transient fungal species residing in the gut, confirming that the human mycobiome is not yet fully characterised. Accordingly, while the ability of unknown fungi to grow in the used culture medium cannot be excluded, no significant metabolic activity of *Candida albicans*, most commonly found in the microbiota, was observed.

Finally, inspections of images from TEM and SEM on more than 30 different preparations did not reveal presence of eukaryotic cells (*in preparation*). If on the one hand, the possibility that a nematode or another unknown eukaryotic cell is able grow in the medium cannot be excluded, the used conditions make this possibility very unlikely. Anyhow, the ability of SARS-CoV-2 to interact either with nematodes or with fungal cells has never been observed before and would be a novel and surprising observation as well.

As indicated above, several peptides matching to SARS-CoV-2 proteins were found in the aliquot from sample B(A+). The identification of peptides with amino acid changes, compared to the translations of CDS regions of the reference SARS-CoV-2 genome, is intriguing but is compatible with the mechanism of viral replication in bacteria. RNA viruses such as SARS-CoV-2 inhabit the host as a population of variants called *quasispecies*, *i.e.* a group made of different variants that are genetically linked through mutation events, and contribute collectively to the characteristics of the whole (viral) population in the host. Recent studies highlighted the significant amount of intra-host genomic diversity in SARS-CoV-2 samples. In a ‘bacteriophage-like’ mode of action, as bacteria were grown for 30 days, it can’t be excluded that the observed amino acid changes represent viral *quasispecies* emerged through replication events in bacterial hosts. In relation to this, recent studies evidenced hypermutations occurrences in SARS-CoV-2 genomes and suggested APOBEC and ADAR deaminases as the possible responsible of these phenomena. The APOBEC family is related to bacterial, yeast, and plant deaminases all possessing highly conserved amino acid motifs responsible for coordination of zinc in the active site. As no sequencing was performed on the original infected stool sample, the presence of SARS-CoV-2 haplotypes in the initial SARS-CoV-2 population used to perform the experiments, therefore justifying the amino acid changes observed, cannot be excluded. However, all the amino acid changes found have been reported in sequences of SARS-CoV-2 found for the first time after the date of collection of the infected sample A (February 2020), and some of them have never been reported in Italy, the country of origin of the samples.

On the other hand, other mechanisms like those at the basis of diversity-generating retroelements (DGR) systems have that could contribute to SARS-CoV-2 hypermutation phenomena have recently been described in bacteria, and could therefore be responsible of the AA changes found. Additional experiments aimed to verify increase of viral peptides similar to viral RNA over time are planned.

These results can potentially provide new insights in the epidemiology of SARS-CoV-2. Considering the possible impact and implications that such relationship has on the manifestation, therapy and control of COVID-19 disease, some questions immediately arise like e.g.:

- Can this ‘bacteriophage-like’ behaviour of SARS-CoV-2 explain the long-term presence of SARS-CoV-2 observed in some recovered patients?
- Can antibiotics and/or bacteriophage-based therapies play a role in the treatment of COVID-19 affected patients?
• How would the (antecedent) administration of antibiotics to patients, influencing the microbiota population, impact the clinical course of the disease?32

• Can the involvement of bacteria in COVID-19 epidemiology help to explain clinical observations, like the elevated serum C-reactive protein, procalcitonin, D-dimer, and ferritin associated with poor outcomes in COVID-19?33

These questions are only examples of the plethora of questions to be addressed. Our results support the way to tackle COVID-19 pandemic proposed by Mushi,34 i.e. by using the One Health holistic approach. If individuals are considered not only human bodies, but as ‘holobionts’, i.e. discrete ecological units that need to be studied and treated as such, a deeper understanding of the role of the microbial community living in the human body is fundamental to tackle COVID-19 disease.

Consent
Faecal samples were collected and handled by CranioMed S.R.L. from anonymous donors who agreed to participate in this study by signing informed consent, as foreseen by Italian legislation. No personal information (i.e. age, sex, blood serotype, severity of the disease, time of the collection, fatality, etc.) were collected.

The study is compliant with the JRC Scientific Integrity and Research Ethics guidance.

Declarations
The scientific output expressed does not imply a policy position of the European Commission. Neither the European Commission nor any person acting on behalf of the Commission is responsible for the use that might be made of this publication.

Data availability

Underlying data

The project contains the following underlying data:

Mass spectrometry raw data of the peptides.


Extended data

Data are available under the terms of the Creative Commons Attribution 4.0 International license (CC-BY 4.0).

Acknowledgements
We gratefully acknowledge the Authors and the Originating laboratories where the clinical specimen or virus isolate was first obtained and the Submitting laboratories, where sequence data have been generated and submitted to GISAID.

Authors’ notes
The efforts and commitment put into this research work are dedicated to all EU citizens who suddenly left us because of COVID-19, and to their families.
References


Open Peer Review

Current Peer Review Status: ❓ 🟢

Version 2

Reviewer Report 25 June 2021

https://doi.org/10.5256/f1000research.57680.r88114

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Kourosh Honarmand Ebrahimi
Department of Chemistry, University of Oxford, Oxford, UK

The authors have fully addressed my original concerns. I found their hypothesis very interesting, however, they should note and somewhere in the paper they mention that ACE2 receptor is expressed in other tissues like the small intestine, and what they have observed could be due to the replication of the virus in the gastrointestinal tract tissue (Han et al. (2020¹)).

References

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Virology and immunology and bioinorganic chemistry

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 25 Jun 2021

Mauro Petrillo

Dear Dr Kourosh Honarmand Ebrahimi,

Thanks a lot for your comment.

Your point is relevant and we modified the Discussion section accordingly:
Moreover, recent reports suggest an interaction of URT microbiota with SARS-CoV-2 (Ebrahimi, 2020, Budding et al., 2020). In particular, Ebrahimi identified in silico a series of serine protease TMPRSS2 and peptidyl peptidases with high similarity to the angiotensin-converting enzyme 2 (ACE2) receptor peptidase domain (ACE2-PD) in members of Proteobacteria phylum. It can't be excluded that these or other similar proteins act as the cellular receptors for SARS-CoV-2 in bacteria. At the same time, ACE2 receptor gene, whose protein is known to be critical in SARS-CoV-2 transmission [Yan 2020], is expressed in various tissues and organs of the human body, including the small intestine [Han 2020]. It is thus very likely that SARS-CoV-2 found in faecal samples of infected individuals is from infections occurring in human body cells. Our observations are not in contrast, and they suggest that, in the gastrointestinal tract, human cells, like those of small intestine, are not the sole SARS-CoV-2 target.

We hope that the quality of the manuscript, thanks to your comment, has been improved and you consider it suitable for publication.

Best regards,

Mauro Petrillo, on behalf of the authors.

Competing Interests: No competing interests were disclosed.
Author Response 25 Jun 2021

Mauro Petrillo

Dear Prof. Aguilera,

Thanks a lot for your valuable comments and suggestions that you provided. They surely improved the quality of the manuscript.

Best regards,

Mauro Petrillo, on behalf of the authors.

Competing Interests: No competing interests were disclosed.

Version 1

Reviewer Report 07 June 2021

https://doi.org/10.5256/f1000research.55836.r85802

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Margarita Aguilera

1 Department of Microbiology, Faculty of Pharmacy, Campus of Cartuja, University of Granada, Granada, Spain
2 Department of Microbiology, Faculty of Pharmacy, Campus of Cartuja, University of Granada, Granada, Spain

The work titled “Increase of SARS-CoV-2 RNA load in faecal samples prompts for rethinking of SARS-CoV-2 biology and COVID-19 epidemiology” has been well designed and soundly performed.

After the urgent needs to invest efforts on clinical research for handling the COVID-19, new questions should be posed and the present work has done innovatively. The hypothesis is relevant due to the high differential effects within SARS-CoV-2 patients, based on the individual health statuses that determine variable host responses. The Authors have shown experimental data to demonstrate that SARS-CoV-2 could have a bacteriophage activity through evaluating SARS-CoV-2 long-term survival, proliferation and the potential interaction between the virus and gut microbiota taxa. Multiple methodologies and experimental data support appropriately the results and conclusions: viral RNA by Luminex technology; impact of antibiotic treatments; Biotyper for cultured microbiota predominant taxa over the time, eukaryotic cells, peptides, other metabolites molecular alignments, etc.
Therefore, I consider that Petrillo et al. have carried out an excellent and holistic approach; **I would suggest its publication after minor corrections/explanations:**

- Please use the term gut microbiota instead gut flora along the document.
- Please add the underlined phrase at the end of this paragraph: At the same time, Wölfel et al.12 observed high viral RNA concentration in stool samples, but reported isolation of infectious virus only from throat- and lung-derived samples, while Yao et al. had indication of viable SARS-CoV-2 particles in stool samples, denoting that the detailed biology of SARS-CoV-2 is not yet fully elucidated. Moreover, the interaction between SARS-CoV-2 and individual variable microbiota composition could drive the differential pathophysiological effects and severity of symptoms.
- Please explain if the medium NutriSelect™Plus nutrient used for the inoculation and cultivation of microorganisms could have an impact on the specific taxa cultured as well as metabolites measured. Have you tried other media?
- Please explain if you have been used only aerobic conditions for all experimental culturing data.
- Please specify the concentration of antibiotics added to the experiment.
- Figure 1: Please give a plausible explanation for the data shown in this figure - Could it be that microbiota of healthy individuals contain eubiotic taxa that allow a better proliferation of SARS-CoV-2?
- Figure 3: Please explain the differences observed between the three graphics. The microbiota composition of the sample receptors seems to have an impact. Please give a plausible explanation.
- Future research is directly derived from these results: to look for the taxa, species or consortia that can be prone to act as receptor of virus. Please comment on that.

**Is the work clearly and accurately presented and does it cite the current literature?**

Yes

**Is the study design appropriate and is the work technically sound?**

Yes

**Are sufficient details of methods and analysis provided to allow replication by others?**

Partly

**If applicable, is the statistical analysis and its interpretation appropriate?**

Yes

**Are all the source data underlying the results available to ensure full reproducibility?**

Partly

**Are the conclusions drawn adequately supported by the results?**

Yes
Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Microbiota, Probiotics, taxonomy, Microbiology, Molecular biology, Biotechnology.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Author Response 07 Jun 2021

Mauro Petrillo

Dear Prof. Aguilera,

Thanks a lot for your valuable comments and suggestions that you have provided in the report.

We will address all of them, and will provide a revised version of the manuscript.

Best regards,

Mauro Petrillo, on behalf of the authors.

Competing Interests: No competing interests were disclosed.

Author Response 09 Jun 2021

Mauro Petrillo

Dear Dr Aguilera,

Thanks a lot for your valuable comments and suggestions that you have provided in the report.

As anticipated, we have addressed all your points, and provided a new version of the manuscript:

- Please use the term gut microbiota instead gut flora along the document.
  - Response: Done, thanks.

- Please add the underlined phrase at the end of this paragraph: 'At the same time, Wölfel et al.12 observed high viral RNA concentration in stool samples, but reported isolation of infectious virus only from throat- and lung-derived samples, while Yao et al. had indication of viable SARS-CoV-2 particles in stool samples, denoting that the detailed biology of SARS-CoV-2 is not yet fully elucidated. Moreover, the interaction between SARS-CoV-2 and individual variable microbiota composition could drive the differential pathophysiological effects and severity of symptoms.'
  - Response: Very relevant point. We added it, together with references.
○ Please explain if the medium NutriSelect™Plus nutrient used for the inoculation and cultivation of microorganisms could have an impact on the specific taxa cultured as well as metabolites measured. Have you tried other media?
○ Please explain if you have been used only aerobic conditions for all experimental culturing data.
○ Please specify the concentration of antibiotics added to the experiment.

○ **Response:** With respect to these points, the information has been added in the supplementary material, points 1, 3, 8). The new link for get the supplementary material is [https://doi.org/10.5281/zenodo.4723549](https://doi.org/10.5281/zenodo.4723549)

○ **Figure 1:** Please give a plausible explanation for the data shown in this figure - Could it be that microbiota of healthy individuals contain eubiotic taxa that allow a better proliferation of SARS-CoV-2?

○ **Figure 3:** Please explain the differences observed between the three graphics. The microbiota composition of the sample receptors seems to have an impact. Please give a plausible explanation.

○ **Future research is directly derived from these results:** to look for the taxa, species or consortia that can be prone to act as receptor of virus. Please comment on that.

○ **Response:** Your points are relevant and we modified the Discussion section accordingly: 'In terms of relevance, we noticed that SARS-CoV-2 RNA load was particularly high in one combination (A2×B2). It is thus plausible that viral RNA load depends on the gut eubiotic/dysbiotic condition met by the virus. This is also a plausible explanation of why in the initial couple of A-B sources (Figure 1) the difference between viral RNA load measurements in A and B(A+) is notable. SARS-CoV-2 is considered as a respiratory virus, and many bacteria reside in the upper respiratory tract (URT) interacting with different viruses like influenza (see Schenk et al., 2016 for an overview). With this respect, our observations are in line with the hypothesis formulated by Shah, who has recently proposed the existence of a gut-lung equilibrium mediated by multiple mechanisms of action, including the abundance of certain microorganisms in the gut microbiota as responsible for determining the sensitivity and severity of SARS-CoV-2 infections. Moreover, recent reports suggest an interaction of URT microbiota with SARS-CoV-2 (Ebrahimi, 2020, Budding et al., 2020). In particular, Ebrahimi identified in silico a series of serine protease TMPRSS2 and peptidyl peptidases with high similarity to the ACE2 peptidase domain (ACE2-PD) in members of Proteobacteria phylum. It can't be excluded that these or other similar proteins act as the cellular receptors for SARS-CoV-2 in bacteria. Looking for taxa, species or consortia that can be prone to act as receptor of virus is imperative, and, with this respect, a whole-genome metagenomic sequencing on the samples is ongoing, aimed at characterising further which bacterial species are candidate target(s) of the observed behaviour of SARS-CoV-2.'

We believe that, thanks to your comments, the quality of the manuscript has improved a lot.

Best regards,

Mauro Petrillo, on behalf of the authors.

**Competing Interests:** No competing interests were disclosed.
Petrillo and colleagues report that SARS-CoV-2 could have a bacteriophage activity in faecal samples. They measure the presence of viral RNA using Luminex technology and viral proteins using mass spectrometry. The experimental design is sound and their findings are exciting, which support the publication of this work. However, I have few concerns that must be addressed before publication. Therefore, I recommend publication after minor revisions.

- SARS-CoV-2 is a respiratory virus. Many bacteria reside in the upper respiratory tract (URT) and interact with different viruses like influenza (Schenk et al., 2016). Moreover, recent reports suggest an interaction of URT microbiota with SARS-CoV-2 (e.g. (Ebrahimi, 2020); (Budding et al., 2020)). The authors should cite these literatures and discuss their findings with respect to a similar bacteriophage behaviour of SARS-CoV-2 in URT.

- In Figure 3, the graph for donor A2: Why in B2(A2+) sample the amount of RNA is hugely different than the other samples? The authors need to explain.

- The authors suggest that the presence of SARS-CoV-2 peptides is compatible with the mechanism of viral replication in bacteria. If this is true, shouldn't the authors observe an increase in viral peptides similar to viral RNA?

References

**Is the work clearly and accurately presented and does it cite the current literature?**
Partly

**Is the study design appropriate and is the work technically sound?**
Yes
Are sufficient details of methods and analysis provided to allow replication by others?
Partly

If applicable, is the statistical analysis and its interpretation appropriate?
Yes

Are all the source data underlying the results available to ensure full reproducibility?
Yes

Are the conclusions drawn adequately supported by the results?
Partly

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Virology and immunology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 17 May 2021
Mauro Petrillo

Dear Dr Kourosh Honarmand Ebrahimi,

Thanks a lot for your valuable comments and suggestions that you have provided in the report.

We will address all of them, and wait for those of other reviewers, in order to provide a fully revised version of the manuscript.

Best regards,

Mauro Petrillo, on behalf of the authors.

Competing Interests: No competing interests were disclosed.

Author Response 09 Jun 2021
Mauro Petrillo

Dear Dr Kourosh Honarmand Ebrahimi,

Thanks a lot for your valuable comments and suggestions that you have provided in the report.

As anticipated, we have addressed all your points, and provided a new version of the
SARS-CoV-2 is a respiratory virus. Many bacteria reside in the upper respiratory tract (URT) and interact with different viruses like influenza (Schenk et al., 2016). Moreover, recent reports suggest an interaction of URT microbiota with SARS-CoV-2 (e.g. (Ebrahimi, 2020); (Budding et al., 2020). The authors should cite these literatures and discuss their findings with respect to a similar bacteriophage behaviour of SARS-CoV-2 in URT.

Response: Your point is relevant and we modified the Discussion section accordingly: 'SARS-CoV-2 is considered as a respiratory virus, and many bacteria reside in the upper respiratory tract (URT) interacting with different viruses like influenza (see Schenk et al., 2016 for an overview). With this respect, our observations are in line with the hypothesis formulated by Shah, who has recently proposed the existence of a gut-lung equilibrium mediated by multiple mechanisms of action, including the abundance of certain microorganisms in the gut microbiota as responsible for determining the sensitivity and severity of SARS-CoV-2 infections. Moreover, recent reports suggest an interaction of URT microbiota with SARS-CoV-2 (Ebrahimi, 2020, Budding et al., 2020). In particular, Ebrahimi identified in silico a series of serine protease TMPRSS2 and peptidyl peptidases with high similarity to the ACE2 peptidase domain (ACE2-PD) in members of Proteobacteria phylum. It can't be excluded that these or other similar proteins act as the cellular receptors for SARS-CoV-2 in bacteria. Looking for taxa, species or consortia that can be prone to act as receptor of virus is imperative, and, with this respect, a whole-genome metagenomic sequencing on the samples is ongoing, aimed at characterising further which bacterial species are candidate target(s) of the observed behaviour of SARS-CoV-2.'

In Figure 3, the graph for donor A2: Why in B2(A2+) sample the amount of RNA is hugely different than the other samples? The authors need to explain.

Response: We have modified Figure 3, by adding an additional panel. In addition, we modified the Discussion section accordingly: 'In terms of relevance, we noticed that SARS-CoV-2 RNA load was particularly high in one combination (A2×B2). It is thus plausible that viral RNA load depends on the gut eubiotic/dysbiotic condition met by the virus. This is also a plausible explanation of why in the initial couple of A-B sources (Figure 1) the difference between viral RNA load measurements in A and B(A+) is notable.'

The authors suggest that the presence of SARS-CoV-2 peptides is compatible with the mechanism of viral replication in bacteria. If this is true, shouldn't the authors observe an increase in viral peptides similar to viral RNA?

Response: Your point is relevant and we modified the Discussion section accordingly: 'Additional experiments aimed to verify increase of viral peptides similar to viral RNA over time are planned.'

We hope that the quality of the manuscript, thanks to your comments, has been improved and you consider it suitable for publication.

Best regards,

Mauro Petrillo, on behalf of the authors.
*Competing Interests:* No competing interests were disclosed.

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